

What about **OVER-THE-COUNTER DRUGS?**

The IRS also states that over-the-counter drugs (items that can be purchased without a prescription) are eligible expenses from your HSA account. This allows you to stretch your savings power on the items your family uses everyday.

- Acne Treatments*
 - Allergy Medications
 - Antacids
 - Anti-Diarrhea Medications
 - Bactine
 - Cough Drops, Throat Lozenges
 - BenGay, Tiger Balm, and similar products for Muscle or Joint Pain
 - Bug Bite Medications
 - Calamine Lotion
 - Cold Medicines
 - Dietary Supplements or Herbal Medicines to Treat a Specific Medical Condition*
 - Visine and other such eye products
 - First Aid Creams
 - Laxatives
 - Menstrual Cycle Products for Pain and Cramp Relief
 - Motions Sickness Pills
 - Nasal Sinus Sprays
 - Nicotine Gum or Patches for Stop Smoking Purpose
 - Pain Relievers
 - Pedialyte for Child's Dehydration
 - Sinus Medications
 - Special Diaper Rash Ointments
 - Special Ointments for Sunburn
 - Suppositories and Cream for Hemorrhoids
 - Wart Remover Treatments
 - Fiber Supplements to Treat a Specific Medical Condition for Limited time*
 - Glucosamine/Chondroitin for Arthritis or Other Medical Condition*
 - Lactose Intolerance Pills*
 - Menopause Treatments for Hot Flashes, Night Sweats*
 - Nasal Sprays Therapy*
 - OTC Hormone Therapy
 - Prenatal Vitamins*
 - Sleeping Aids*
 - Sunscreens*
 - St. John's Wort for Depression*
 - Weight-Loss Drugs to Treat Obesity*
- * Requires Physician Letter for Necessity